

FA Learning

Age Appropriate Coaching – Introductory Module



Date : Saturday 20th March 2010

9.30am-4.30pm

Venue: Moat House Leisure and Neighbourhood Centre,
Winston Avenue, Coventry. CV2 1DX

Cost: £5.00 for coaches in Nuneaton and District CS League
£25.00 all other coaches (usual cost £40.00)
(subsidised by Birmingham County FA)





FA Learning

Age Appropriate Coaching – Introductory Module

Course outline

This is a six hour course aimed at those working with **young** players, who want to improve their knowledge and understanding of the 'what' and 'how' to coach players of this age.

This brand new course will give candidates the most up to date coaching tools in working with arguably the most important age group within football.

Who should enrol?

To enrol on the FA AGE APPROPRIATE COACHING INTRODUCTORY MODULE course candidates must be 16 years of age or over.

Course Aim and Learning Outcomes

Aim

To provide candidates who have an ongoing involvement in coaching young football players with an opportunity to improve their knowledge and confidence in coaching young players.

This Introductory Module offers an opportunity for football coaches to be supported in developing their knowledge of how to operate as a football coach within the expectations of the game, their club, the players involved and others affected by the coaching process.

Learning Outcomes

On successful completion of the FALAAC, you should be able to:

- Define movement skills incorporating Agility, Balance & Co-ordination and their relevance to the game
- Explain & demonstrate how technique can be used to help players perform a skill
- Demonstrate how to use Level 1 games to grow players understanding of football and how we as coaches can manage difference in our groups
- Show how to modify Level 1 games to have an effect upon an individuals technical needs
- Explain how we all learn differently and begin to include this knowledge within a coaching session
- Gain an understanding of The FA Tesco Skills Programme
- Signpost where you can go next on your coaching pathway



BIRMINGHAM FOOTBALL ASSOCIATION
COURSE APPLICATION FORM



Course Title: **Age Appropriate Coaching Course**
Course Date: **Saturday 20th March 2010**
Application Deadline: **Monday 15th March 2010**

*** Mandatory information**

* Title

* First Name

* Surname

* Address

* Postcode

* Date of Birth (minimum age 16 years)

* Phone Number (Tel or Mob):

Email Address

Club Name

* Please give details of any medical condition or disability:

* Have you completed any of the following in the last 3 years (Tick Appropriate)

- FA Coaching Qualification Details : Level 1 etc - Date completed MM/YY/.....
- FA Safeguarding Children in Football Workshop
- Emergency Aid
- FA CRB Check
- Welfare Officers Workshop

Payment Details – Your place is not reserved until payment is received.

Cheque (Payable to **BCFA**) Please tick:

- Debit/Credit Card
- MasterCard
- Visa
- Maestro
- Switch/Solo

Please note that FA Tutors are unable to accept any form of payment on the workshop*

Debit/Credit Card Details

□ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □

Card Holders Name and Initials..... Security Number.....

Valid From date..... Expire End Date..... *Card Issue No.....

Amount of payment £..... Signature.....

Equal Opportunities Monitoring: We will appreciate you completing this monitoring information for us:

Ethnic background

Please choose one category from A to E and then please mark 'X' in the appropriate box to indicate your ethnic background

A White

B Mixed

C Asian or Asian British

- | | | | | | |
|----------|--------------------------|-------------------------|--------------------------|-------------|--------------------------|
| English | <input type="checkbox"/> | White & black Caribbean | <input type="checkbox"/> | Indian | <input type="checkbox"/> |
| Irish | <input type="checkbox"/> | White & black African | <input type="checkbox"/> | Pakistani | <input type="checkbox"/> |
| Scottish | <input type="checkbox"/> | White & Asian | <input type="checkbox"/> | Bangladeshi | <input type="checkbox"/> |
| Welsh | <input type="checkbox"/> | Other | <input type="checkbox"/> | Other | <input type="checkbox"/> |
| Other | <input type="checkbox"/> | | | | |

D Black or Black British

E Chinese or Other Ethnic Group

- | | | | |
|-----------|--------------------------|---------|--------------------------|
| Caribbean | <input type="checkbox"/> | Chinese | <input type="checkbox"/> |
| African | <input type="checkbox"/> | Other | <input type="checkbox"/> |
| Other | <input type="checkbox"/> | | |

Disability

Do you consider yourself to be a disabled person? Yes No
 If you have indicated yes please mark 'X' in all the boxes that apply to you:

- | | | | |
|---------------------|--------------------------|--------------------------------|--------------------------|
| Visual impairment | <input type="checkbox"/> | Mental health issues | <input type="checkbox"/> |
| Hearing impairment | <input type="checkbox"/> | Learning disability/difficulty | <input type="checkbox"/> |
| Physical impairment | <input type="checkbox"/> | | |

Religion

- | | | | |
|--------------------------------------|--------------------------|---|--------------------------|
| None | <input type="checkbox"/> | Christian (including Church of England, Catholic, Protestant and all other Christian denominations) | <input type="checkbox"/> |
| Buddhist | <input type="checkbox"/> | Hindu | <input type="checkbox"/> |
| Jewish | <input type="checkbox"/> | Muslim | <input type="checkbox"/> |
| Any other religion (please write in) | <input type="checkbox"/> | Sikh | <input type="checkbox"/> |
| | | | |

Declaration

I understand that the course I am applying for will require me to participate as a coach and player and I confirm that I am physically prepared to participate.	Yes / No*
Do you have any medical conditions or injuries that might restrict your ability to participate? (If yes please list). <i>If you do consider that you have any medical condition which might limit your participation these should be provided separately and will be treated confidentially.</i>	Yes / No*
Do you have any objection to photographic or video images being taken during the course for the purpose of BCFA Football Development promotion including use on the internet?	Yes / No*
I understand that once my application has been accepted and a course place has been allocated to me, the course fee is neither refundable nor transferable unless the course is cancelled by the Birmingham County Football Association.	Yes / No*
I declare that I am fit to participate on this course and acknowledge that I do so at my own risk. The Birmingham County Football Association Ltd, its staff, agents or any authority which provides facilities is under no liability in respect of any injury, loss or damage which I may sustain however caused whilst I am attending the course.	Yes / No*

When completed please return this form and payment (where appropriate) to the following address:
BCFA Football Development, Ray Hall Lane, Great Barr, Birmingham, B43 6JF
 or e-mail development@birminghamfa.com